

# Missouri Institute of Hypnotherapy

Linda Gentry RN, BS, CHt.  
660 737 3277 or [www.hypnosismo.com](http://www.hypnosismo.com)

## **About your instructor**

### **Linda Gentry RN, BS, CHt.**

Linda Gentry has been a Registered Nurse since 1978; she also has a degree in Psychology from Central Missouri State University (CMSU). Linda is an Advanced Clinical and Medical Hypnotherapist and a Certified Hypnotherapy Instructor. Linda's training in hypnotherapy is by the nations renowned leaders in the field, Dr. Brian Weiss, Dr. Irene Hickman, Dr. Wil. Horton, Father Marty Patton, Henry Leo Bolduc, Julie Griffin, Steven Steiner, Gerald Kein to name a few. Linda will share the information obtained from these experts and her own acquired knowledge in private practice and teaching hypnotherapy since 1996.

Linda Gentry is a certified hypnotherapy instructor with the International Association of Counselors and Therapist (IACT) and the American Board of Hypnotherapy (ABH). Linda is the founder of the Missouri Institute of Hypnotherapy (MIH) and has a private practice in Warrensburg, MO. Linda is a certified hypnotherapist with IACT, ABH and the National Guild of Hypnotist (NGH) and National Federation of Neuro Linguistic Psychology (NFNLP). Linda Gentry is the founder of MIH and has a private practice in Warrensburg, MO.

Linda Gentry provides a comprehensive training program. After successful completion of this program, the participants will be ready to function as a non medical hypnotist. Many programs serve as nothing more than introductions to hypnosis and many students never develop professionally. Lack of information and time to develop skills prevents the student from having the tools and confidence to develop to their full potential. The "101" Directive Non-Medical Hypnosis Training is a total of 260 hours. 100 clock hours of classroom experience which contains a minimum of 30 hrs of hands on practice time and 160 hours of independent study. Upon successful completion of the 260 hours of training in Directive Hypnosis the participant is certified by MIH and IACT. The support from Linda Gentry continues after completion of the training program. MIH provides CEU'S and advanced clinical and medical hypnotist training programs in specialty areas of the participant's choice. For more information regarding Advance Training Programs go to the website, [www.hypnosismo.com](http://www.hypnosismo.com) and then to the calendar page.

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## 101 - Directive Hypnosis Training PROGRAM CONTENT

### Weekend block classes:

**March 1,2,15,16,22,23, April 5,6,19,20, 2008 participants must attend all 10 classes.**

Missouri Institute of Hypnotherapy is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for contact hours applicable for RN, LPN, or LMHT relicensure. Kansas State Board of Nursing provider Number: **KSBN SP 1049-1009**

Many of the activities will be completed between the weekend class times.  
You will complete all activities by the last day of class.

### The following is a summary of expectation of activities for the 10 day activities

Day 1 & 2 of the training program will have a mix of people in the class. There will be participants that will just be in attendance for day 1 & 2 and are learning general information about hypnosis and self hypnosis. There will also be participants in Day 1, 2, 3, & 4 who will be attending the 4 days to become certified as guided imagery coaches. The last 6 days of the program will be attended by people desiring to become professional certified hypnotist. The first 4 days of the 10 day program will be of great benefit to the hypnotist student because they will learn introductory information and how to do and teach self hypnosis to the public. The guided imagery coaching level is where all directive hypnotists begin and most people do not advance onto the other sub-modalities of hypnosis. Day 5-8 days of the program will focus on sub-modalities of directive hypnosis. The focus for days 5-8 will be pre-talk, inductions, intervention, post-talk, topic that are specific to the hypnotist skill and knowledge. Practicum time will be provided for hands on with students practicing on each other. On the 9<sup>th</sup> day the participants will demonstrate a full sessions with volunteers from the community. The volunteers will be from focus groups on weight and stop smoking. The instructor will supervise the volunteer sessions and this is the practicum pass/fail section of the final examination. Day 10 will involve information on ethics of the hypnotist, documentation, and the operation of a business and developing of a business planning. Many good hypnotists go out of business because they do not know how to manage a business. On day 10 a 100 point written, multiple choice and true, false examination will be give. To finish the 10<sup>th</sup> date the students that have successfully completed the training will receive certification paperwork. The following is a list of the highlight topics that will be covered through out the 10 days.

History of Hypnosis	Definition of Hypnosis	How to Recognize Hypnosis
Self Hypnosis	Effective use of guided imagery	Induction Techniques
Arousal Techniques	Danger of Hypnosis	Athletic Hypnosis
Strange Trance Phenomena	Creativity Enhancement	Group & Private Sessions
Suggestibility Tests	Changing Unwanted Habits	How to Interview Client
Explain Hypnosis to Client	How to Start Your Business	Effective Advertising
Evaluation of Suggestions	Anchor - Reset	Pre-Talk – Post-Talk
Waking Hypnosis	Client Bill of Right	Hypnotist Ethics
Documentation	Public Speaking Skills for the Hypnotist	

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## **Certification is NOT guaranteed**

Please read the following requirements to pass and complete certification with MIH.

All material must be typed!

### REQUIREMENTS TO PASS AND COMPLETE CERTIFICATION

The student must successfully complete the following:

- ü Pass the two written examinations with a passing grade of 90% on each examination. Essay examinations are open book. Final examination is closed book, 100 points, Multiple Choice and True, False.
- ü Complete an 80 point essay examination with information from the two text books utilized in the class, “Modern Hypnosis Theory & Practice and Self Hypnosis: Creating Your Own Destiny (provided by instructor)
- ü Read the four (4) assigned articles provided by instructor and answer the 20 point essay questions as they relate to the articles provided by the instructor.
- ü Demonstrate competency in classroom practicum. (Pass or Fail)
- ü Submit one (1) original script/patter authored by the student. The student authored script will contain and identify the induction, relaxation, deepening, intervention, and arousal phase of the script.
- ü Evaluate the two (2) assigned scripts/patter written by another professional for safety and positive effectiveness.
- ü Demonstrated pre-talk, intervention and post-talk with two (2) Hypnosis Sessions chosen by the instructor from volunteer from the community
- ü Demonstrate pre-talk and public speaking in a 5 minute presentation to the class. Topic assigned by instructor.
- ü Attendance required - 8am - 7:30pm all 10 days.

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## Materials You Receive With This Program

### Textbooks

#### **“Self Hypnosis: Creating your Own Destiny,” Author, Henry Leo Bolduc.**

Henry Leo Bolduc is a research hypnotist with over 33 years of practical experience. An internationally recognized motivational speaker, he also authored four other books. He is the recipient of the IACT 1997 Presidents Award of Excellence.

#### **“Modern Hypnosis, Theory and practice,” Author, Masud Ansari, Ph.D.**

Masud Ansari, BA, MA., Ph.D., holds his M.A. from the London University in International Relations and two doctorate degrees, one from the George Washington University in political science and one from the American Institute of hypnotherapy in applied hypnotherapy. He is the author of 18 books on psychology, political science, and law in addition to two works of fiction. His book, “Nationalism,” won critical acclaim in 1968. Two of his best known books are entitled “New Frontiers in Psychology” & “Psychology of Sexual Deviation & Crimes.”

### **Training Manual**

The training manual developed by Linda Gentry is a companion to the training course. The manual is complete with lecture support information and handouts. The manual allows the participant to leave with detailed notes from the training program for future reference.

### **Starter Packet of Scripts**

A starter packet of scripts to assist the beginner Hypnotist to get started in the professional use of hypnosis is provided to each student

### **Samples of Advertisements**

Sample advertising to assist the Hypnotist to promote the service they are providing to the public. Knowing how to let the public know your service is available is important to the survival of your business and thereby your service to your community.

### **Sample Forms**

Sample forms will be reviewed to assist the beginner to setup appropriate, intake, assessment, and consultation paper work thereby helping to organize their working environment into a professional setting.

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## HYPNOSIS 101

### Directive Hypnosis Training & Certification Program

This is a non-medical hypnosis training program. The focus of the program is behavior modification.

**Date: March 1,2,15,16,22,23, April 5,6,19,20, 2008**

Participants must attend all 10 training sessions.

**Class time:** 8:00 am to 7:30pm

**Cost: \$1829**

**Deadline for registration is: February 23, 2008**

**Class size is Limited to 10 students - 10 students / instructor**

You may post a \$500 non-refundable deposit to hold your seat in the class.

You can register online via email: [lindagentry@hypnosismo.com](mailto:lindagentry@hypnosismo.com) or call: **660 747 3277**

#### **Training Location:**

Comfort Inn  
609 E. Russell  
Warrensburg, MO 64093  
660 429 4848

Ask for the Missouri Institute of Hypnotherapy discount.  
It is recommended you make reservations for all 10 days.  
It is sometime difficult to get rooms in Warrensburg, MO.

*We recommend you wait to make travel plans until after you receive your confirmation letter.*

Sending in your registration does not guarantee a seat in the class.

These classes fill up quickly do not delay in making your registration.

**Certification:** Upon successful completion of the training program the student will be certified by the Missouri Institute of Hypnotherapy, International Association of Counselors and Therapist (IACT). Many other Associations except MIH graduates, for example, American Board of Hypnotherapy, National Guild of Hypnotist. Contact Linda Gentry with questions regarding other associations.

**CEU's:** The student will receive 260 CEU's from Missouri Institute of Hypnotherapy for attendance of the classroom portion of the training program.

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**Transportation:** If you need assistance with transportation from the Airport, MCI/KCI, please let us know we might be able to help. Training program location is about 2 hours from the airport in Kansas City, Missouri.

**NO**, tape recorders cell phones, pagers, during the lectures, and classroom sessions.

Your State Regulations

It is highly recommended you check with your State Licensing Board to see if there are any licensing requirements from Hypnotherapy in your state.

#### **Cancellations**

Cancellations postmarked prior to **February 23, 2008** will receive full refund minus a \$500 service charge.

**Credit Cards accepted: MASTER CARD, VISA, DISCOVER**